

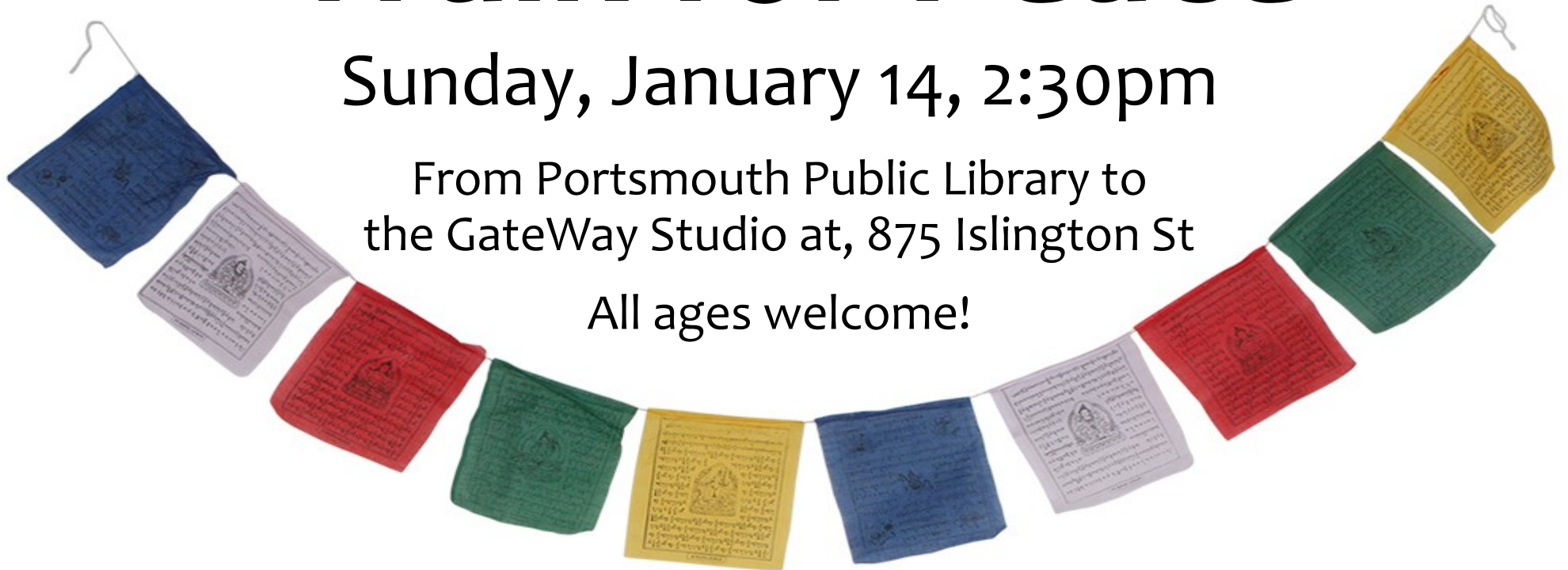
# Seacoast Community Prayer Flag

## Walk for Peace

Sunday, January 14, 2:30pm

From Portsmouth Public Library to  
the GateWay Studio at, 875 Islington St

All ages welcome!



### Join Us in Carrying This Symbol of Peace Across Town

The Seacoast Prayer Flag, conceived by students at the Gateway Taiji, Qigong and Yoga Studio in Portsmouth one year ago, has travelled to many locations in the area, including the Newmarket Library, the Rye Library, the Lane Library (Hampton, NH) and the Safe Harbor Recovery Center (Portsmouth, NH) and is now over 200 feet long, representing hundreds of wishes of good will.

For its final journey, the flag, now at its last stop at the Portsmouth Public Library, will be paraded from the library to the Gateway Studio on Islington Street on Sunday, January 14, 2018. We invite Seacoast residents to participate in this peaceful walk by meeting in the Portsmouth Public Library lobby beginning at 2:30. The walking procession will start at 2:45 and will last about 30 minutes.

**Each time you look at a prayer flag, it reminds you to send out your own thoughts and wishes for world peace, kindness and generosity.**

Prayer flags are intended to be strung up outside where the wind will disperse their messages of peace, compassion, strength and wisdom. For one month after our Parade for Peace, the Seacoast Prayer Flag will hang outside the Gateway Studio, where it will fade and fray, symbolizing the natural passing of all things. When that happens, the flags will be burned to release the last of their energy.

**GateWay invites you to join in the ceremonial burning of the flag on Saturday, February 17, 2018 at 12:30 pm in the parking lot.** The burning will conclude the Chinese New Year activities scheduled for that morning.

*Thank you to the hundreds of people of all ages who added their wishes to the flag, and to the public libraries that kept the flag growing throughout the year.*

**GateWay**   
**Taiji, Qigong & Yoga**